

Work at height

– Equipment & techniques (Fall arrest, restraint & work positioning)

VDO013 & 014



Contents

- Assessing the risks in work at height & hierarchy of control for working at height systems
- Legislation
- Collective and personal protective equipment
- Principle of work at height with fall protection techniques & using height safety PPE
- Practical exercises
- Rescue working at height safety system demonstration
- Principles for working at height using fall-arrest and work positioning PPE

Why this training?

- This training covers the regulations on access to work stations at height, the equipment and its use.
- This module can help employers fulfil their legal obligations concerning work at height.
- The Petzl two-day work at height / fall-arrest module is designed for workers who need to use PPE for access and positioning in work at height. By maximising the use of hands-on workshops, the students will be introduced to a variety of techniques based on the use of fall arrest, work positioning and restraint systems. This module can help employers fulfil their legal obligations concerning work at height staff training.

For whom?

- Petzl technical sales reps
- Petzl Technical Partners
- Workers at height

Goals

- Use fall protection PPE
- Be able to setup a work position at height by using fall arrest / working at height techniques
- Awareness of risk assessment at the worksite
- Understand the legal framework and regulations regarding work at height

Prerequisites

- None

Duration

- 2 days

Documents provided

- Technical documents
- Module handouts

Price ex GST \$POA

- Travel & accommodation costs may apply for training on your site.

Venue

- Training can be done at Petzl Technical Institute's or your venue as long as it meets the venue requirements.

Certification

- Record of attendance



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